



# Saratoga County Peer Support Team

## Upcoming Training

### New Members Wanted!

The Saratoga County Peer Support Team (SCPST) was organized in November 2022 to support all Saratoga County law enforcement, fire, and EMS departments. The team, currently numbering 60 members, combines resources from multiple PSTs with clinical expertise from the Saratoga County Department of Mental Health and Addiction Services. Team members provide individual offsite meetings with department member for a “check-in and check-up” on issues of concern, with an opportunity for referral to formal counseling services if needed. Following critical incidents, the PST is available to meet with members and agency leaders for group activities targeted at protecting the resilience of each responder involved. Our team is looking to grow. We are especially interested in recruiting more fire service members.

To grow and develop the PST, the Saratoga County EMS Council will sponsor four ICISF (International Critical Incident Stress Foundation) certification courses this fall:

#### For prospective new PST members:

- Assisting Individuals in Crisis: Mon & Tues, Oct 30-31; 8:30a-4:30p both days
  - [Click here for more information or to register](#) for Assisting Individuals in Crisis
- Group Crisis Intervention: Wed & Thurs, Nov 1-2; 8:30a-4:30p both days
  - [Click here for more information or to register](#) for Group Crisis Intervention

#### Advanced training for current PST members:

- Advanced Assisting Individuals in Crisis: Mon & Tues, Dec 18-19; 8:30a-4:30p both days
  - [Click here for more information or to register](#) for Advanced ICISF training

#### Suicide awareness training for all members and leaders of any department:

- Suicide Awareness: An Introduction for Crisis Responders: Wed. Dec 20; 8:30a-4:30p (one day only)
  - [Click here for more information or to register](#) for Suicide Awareness

There is no fee for members of Saratoga County fire, EMS, or law enforcement agencies to attend any of these courses. Tuition, textbooks, certificates of completion, and lunches provided during each session will be paid for by the Saratoga County EMS Council. Preregistration for each course is required and registration is limited to 35 people per course. If you are interested, please obtain permission from an agency/department chief or administrator. All programs are eligible for NY EMS CME credits. Confirmation of acceptance in the class(es) will be provided by email.

If you have questions, or need more information, please contact County EMS Coordinator Mike McEvoy at 518-885-2243 or [mmcevoy@saratogacountyny.gov](mailto:mmcevoy@saratogacountyny.gov).

Registration site QR codes:

Assisting Individuals:



Group Crisis Intervention:



Advanced:



Suicide Awareness:

